

School Year 2025-2026

# **Boarding Guidelines**

Status 22 Sept 2025

Welcome to Boarding at Institut Montana.

These guidelines are in addition to the School Handbook and are designed to provide all the information you need to make the most of your boarding life and make Montana YOUR place to grow.

If you have any questions, we are here for you!











# **Table of Content**

Boarding	Guidelines	1
General I	nformation for new boarders	3
1.	House Organization and Structure	3
2.	Arrivals and Departures	3
2.1	School breaks	3
3.	Residence permit & Health insurance	3
4.	Swiss SIM cards	3
5.	Pocket Money, Valuables, Passports and Cash	4
6.	Boarding Student Induction	2
Daily Life	2	4
7. W	eekday & Weekend Schedule	2
7.1	Electronics & Bedtime (Lights out)	5
8.	Juniors & Seniors Time Management	6
8.1	Juniors Point System	6
8.2	Seniors Time Management	6
9.	Meals	6
10.	Studium	6
11.	Living At School	7
11.1	Boarding Rooms	7
11.2	Saving Energy	7
11.3	Keys	7
12.	Departures from Campus (Ausgang)	7
13.	Infirmary	8
13.1	Illness and Medicine	8
13.2	Medical Appointments	
13.3	Illness away from school	9
14.	Student Services: Coaching and Counselling	9
15.	Laundry	9
16.	Hygiene	10
17.	Mail and Parcels	10
18.	Fire Drills	10
Importar	nt Information	11
19.	Emergency Numbers	11
20.	Boarding Houses Contact information	11
20.1	Other School Contacts & Academics	11



# General Information for new boarders

## 1. House Organization and Structure

There are three boarding houses. Depending on your age and sex, you will join:

- Juventus (Primary and Junior boys)
- Grosses Haus (Senior boys)
- Felsenegg (Primary, Junior, and Senior girls)

## 2. Arrivals and Departures

#### 2.1 School breaks

The boarding houses are open from noon, one day before the first day of classes.

Students may arrive on campus from 12:00 (noon) and latest one hour before bedtime: primary school students 20:00, junior 21:00 and senior students 22:00.

On the last school day before the autumn, winter, sports and spring breaks, classes finish according to the timetable; before the summer break, classes end at the beginning of the lunch break. The Boarding houses are always closed at noon, one day after the last day of the classes.

#### Weekends & Bank Holidays

Students may leave campus after their last lesson before the weekend or Bank Holiday with a valid "Ausgang" slip.

Students can return to the boarding house on Sunday evening or the evening prior to the start of school no later than the following times:

- Primary: 20:00- Juniors: 21:00- Seniors: 22:00

Students may also return to school on Monday morning in time for first lessons. House parents should be informed no later than the times specified above.

## 3. Residence permit & Health insurance

Residence permits and health insurance for students are coordinated through the Main Office. Students must always keep their own medical insurance card on them, and they must also download the card on the Klarna app (Digital card) for quick access.

#### 4. Swiss SIM cards

It can be easier for students to use a Swiss SIM card. If the student is under the age of 18, parent or guardian permission may be required.



## 5. Pocket Money, Valuables, Passports and Cash

Parents can decide on an appropriate weekly amount of pocket money for their child. It will be given out to the student once a week by the house parents. Students are encouraged to use their resources thoughtfully. Any changes to pocket money amounts, or if parents wish to send extra money to their child, a request must be made in writing to the respective boarding house.

To prevent unauthorized entry into dorm rooms, students are required to lock their rooms whenever they leave. Cash and valuables should be stored in the room safe or lockable closet, or alternatively in the boarding house office safe. For larger amounts of cash (over CHF 200), students are asked to hand them over to the house parents for secure storage in the boarding office safe.

School takes no liability for theft, damage or loss of valuables or other personal belongings, beyond the items stored in the boarding house safe. A declaration form must be filled and signed upon arrival at the boarding house.

## 6. Boarding Student Induction

New students are paired with a buddy when arriving to boarding and they are also given a boarding induction with a checklist of important places, information, and procedures for boarding life.

# **Daily Life**

- \* Depending on individual timetables
- \*\* Optional; offered days depend on semester schedule

## 7. Weekday & Weekend Schedule

#### Monday to Thursday

06:45 - 07:00	Wake-up call
07:05 - 07:55	Breakfast
08:15 - 15:20/16:20*	School Day
15:45 - 18:45*	Co-curricular programme
17:30 - 18:45	Supervised Studium
19:15 - 19:45	Dinner
20:00 - 21:00**	<b>Evening Activities</b>
20:45 - 23:00*	Room time
21:15 - 23:00*	Bedtime/Lights out



#### Friday

 06:45-07:00
 Wake-up call

 07:05-07:55
 Breakfast

 08:15-15:20/16:20\*
 School Day

16:20–19:15 Free time/Ausgang

19:15-19:35 Dinner 21:45-00:15 Room time

22:15-00:15 Bedtime/Lights out

#### Saturday

08:00 Wake-up call Juniors (11:00 for Seniors)

08:30-09:30 Breakfast

9:30-18:30 Saturday Excursion/ Activities (Varies during ski season)

12:00-12:20 Lunch

12:20 onwards Free time (parallel: Saturday Excursion)

19:15-19:35 Dinner 21:45-00:15\*\*\* Room time

22:15-00:15\*\*\* Bedtime/Lights out

#### Sunday

10:00 Wake-up Call10:30-11:30 Brunch

11:35-19:10 Free time/Ausgang

19:15-19:45 Dinner 20:45-23:00\* Room time

21:15–23:00\* Bedtime/Lights out

## 7.1 Electronics & Bedtime (Lights out)

Students must submit their electronic devices (if required) and be in their boarding house **30 minutes prior to their bedtime**.

## Sunday to Thursday:

- Students muss hand in all their electronic devices, half an hour before their bedtime.
- **Exception** for Grades IS 11-12 and SG 5-6: they can keep all their devices, Monday to Sunday, if not under any disciplinary measures e.g. repeatedly missing meals).

#### During the weekend:

- Students can keep their electronics, exception Friday when juniors must hand in their computers (can keep their phones overnight) due to next day activity.
- Primary students are allowed to use their devices 1 hour/day and 2h in weekend if not under any disciplinary measures.



- Point system applies here for FE and JU Primary and Junior students, see 8.1.

	Sunday-Thursday	Friday - Saturday
Primary students	21:15	22:15
Junior students	22:00	23:00
Grade IS 10 / SG 4	22:30	23:30
Grade IS 11 / SG 5 (in room by)	23:00	00:00
Grade IS 12 / SG 6 (in room by)	23:00	00:15 <sup>1</sup>

## 8. Juniors & Seniors Time Management

### 8.1 Juniors Point System

There is a point system for FE and JU that is meant to support junior students with the time management while in the boarding house. All details can be found on your House Information panel and will be explained in the meeting upon your arrival at the boarding house.

### 8.2 Seniors Time Management

The timetables for meals, electronics and bedtimes are to be always respected. If not, the house parents can decide together on what consequences to apply for each student individually to help them meet their time management goal.

#### 9. Meals

Dietary requirements due to allergies or intolerances will be catered for upon receipt of a doctor's certificate. Additional costs may apply.

At certain times the dining hall is closed.

- Water and fruit are always available in the Blue Room. Please help yourself.
- Refreshments are available in the main common area of the boarding houses. For more information, please refer to the School Handbook.

#### 10. Studium

Regular self-study times promote positive learning experiences and support academic performance. Studium is a quiet self-study time, so that all students can study without disturbance. Students are encouraged to plan their studying responsibly. If completing work requires more time, it is always possible to find opportunities to continue beyond the designated study times.

From Monday-Thursday, all boarding students are required to attend Studium (School Handbook 5.5 Homework and Independent study apply).

 $<sup>^{\</sup>rm 1}$  May take the last Seilbahn from Schönegg arriving on the Zugerberg at 00:04



If a student is registered in a co-curricular activity that occurs during the Studium time, they may be exempt from attending Studium unless special academic or disciplinary measures apply.

When students have permission to do Studium in their dorm room or boarding study areas, quiet time is expected.

## 11. Living At School

### 11.1 Boarding Rooms

The boarding houses offer single or double rooms, depending on choice and availability.

In every room there is a bed, a desk, a chair, a wardrobe, storage space and a fridge. Every student will have a safe or lockable cabinet. A pillow and bed linen are provided and washed by the school; students may also bring their own. Towels are not provided but can be purchased at the Main Office.

When moving into your room and when moving out of the room, a check in and check out form will be filled and signed by the student and house parent. Any excessive, wilful or negligent damages done will be charged. We do have a liability insurance for our students, but the deductible will be charged.

## 11.2 Saving Energy

The school believes in the responsible use of natural resources. Energy consumption should therefore be kept to a minimum. When leaving a room, please turn off all electronic devices and the lights.

#### 11.3 Keys

Student ID cards act as access passes into the main buildings of the school. Room keys are provided by house parents during check in and must be returned to them at check-out before the break departures. In the event of a lost key or Student ID a surcharge is applicable (CHF 20 / Student ID; CHF 100 / room key).

# 12. Departures from Campus (Ausgang)

Students should request their weekday Ausgang from their house parents at least 30 minutes before departure. A weekend Ausgang must be approved by latest Wednesday, to skip a meal latest the evening before.

In cases of a delayed return to campus, the student must inform a houseparent on duty immediately by phone call, SMS or e-mail. A valid (signed) Ausgang slip must be kept on the student when off campus as proof of permission to be off campus.

#### **Bilingual Primary Students:**

- BPS students may leave the premises only if accompanied by a member of staff or a parent/guardian.

#### Junior Students:

Junior students may leave campus with a valid Ausgang slip:

- Friday after lunch (or after last afternoon class, if later than lunch) until 19:10



- Saturday between 12:26 and 19:10 (subject to Saturday Activities)
- Sunday between 11:56 and 19:10

Ausgang permissions on Saturday or Sunday depend on the weekend activities schedule and are not applicable for students required to participate in the weekend activities.

In principle, Juniors must attend all meals in the dining hall.

#### Seniors

- \* Students must also be 16 years and above
- \*\* Only applicable in accordance with activity programme schedule and their requirements
- \*\*\* If the student is not under any disciplinary measures, they may go to Luzern or Zurich and skip lunch.

	Monday to Thursday:	Friday:	Saturday
Grade IS 10 / SG 4	After lunch/last lesson until	after lunch/last afternoon	09:30-12:00
two afternoons **	Activities/Studium	class until 19:10, and	12:25-19:10
		19:35-23:00 (22:56 SB) *	19:35-23:00(22:56SB) *
Grade IS 11 / SG 5 three afternoons***	After lunch/last lesson)	after lunch/last afternoon class until 00:00 (23:26 SB)	
Grade IS 12 / SG 6 four afternoons***	After lunch/last lesson)	after lunch/last afternoon class until 00:00 (23:56 SB)	

Students in grades IS 11-12 / SG 5-6 who are not under any disciplinary measures may one day, on Friday or Saturday, attend lunch and skip dinner, have an Ausgang starting from 15:30 and be back as per above times. Sunday after dinner Ausgang is not allowed

## 13. Infirmary

Location: 1st floor House Felsenegg, FE 108

**Visiting Hours:** 

- Monday to Thursday from 07:30 to 16:30.
- Friday from 07:35 to 16:00

For the privacy of all, only one student at a time is allowed in the treatment room.

When a boarding student is **unwell during the school day**, they must stay in the Infirmary under the care of the nurse instead of staying in their boarding house, unless permission is otherwise given. During illness, no Ausgang is allowed unless it is to see a doctor off campus.

#### 13.1 Illness and Medicine

Boarding students must inform their house parents or the school nurse prior to bringing medication to campus. Medication will be safely sealed and stored with the house parents or the nurse, unless explicit permission is given by the nurse.

A medical note specifying the dosage and the prescribing doctor's contact is required for prescription medication at the school, and the medical note must be submitted to the nurse.



## 13.2 Medical Appointments

The school nurse should be informed about all medical appointments for boarding students so that they can issue an appropriate Ausgang. The nurse can also help coordinate medical appointments with parents.

Students can visit the school doctor in Zug by prior arrangement. Such appointments should be coordinated with the school nurse. It is recommended that as few medical appointments as possible are scheduled by someone other than the school nurse to ensure appointments are clearly communicated to the boarding team. Please try to ensure that as few appointments as possible are scheduled during class times, compare with school absences.

Any accompaniment and travel costs for students will be communicated and charged to the parents.

## 13.3 Illness away from school

If a student becomes unwell during the weekend at home, the guardians/parents are responsible for organising any necessary treatment and care. The student should only return to the boarding house after full recovery and/or the expiration of any medical certificate (do not apply in the event of an accident). Please also see school handbook absences 5.4.

## 14. Student Services: Coaching and Counselling

The developmental years are full of new challenges. Young people can feel a lot of pressure and stress from different sources. Students should know that they are not alone, and do not have to deal with their concerns alone. House parents understand the challenges of adolescence and are always available when needed. Students can approach their house parents at any time and that they will be treated with respect and with the utmost discretion.

If students prefer not to go to their houseparent, the school offers coaching and counselling via the Care Team where professionally trained staff can lend support, confidentiality. Appointments or drop-in services are available for students, and the office can be found at GH 5a and FE 107, contact information may be found in each house on the information panel.

# 15. Laundry

Personal laundry can be washed and ironed weekly for an additional charge (dry cleaning not included) during your stay on campus.

Items should be placed in the provided laundry bag and hung outside the student's room door before breakfast on the designated collection day.

Laundry is collected once a week according to the scheduled posted in each boarding house

- Tuesday: GH and JU
- Wednesday: FE

Clean, washed and ironed clothes are laid on the bed within a week, to be checked and put away by the students. Please report any missing or damaged items within 24 hours to the house parents. There is no express washing service.



Please be careful about what is put into laundry bags, and please identify special items directly with the house parents in writing. We do offer a gentle cycle. If an item is "dry clean only" or if the care label is missing, the school is not responsible if that item is damaged in the laundry. For expensive items (more than CHF 500) students must fill and sign the laundry form with the house parents before sending to the laundry.

Costs apply according to the Enrolment regulations.

Bedding is changed every two weeks at no additional cost.

## 16. Hygiene

Regular body hygiene is obligatory and a sign of respect towards oneself and others in the community.

Toiletries can be bought and will be billed to the parents. A list of available toiletries can be obtained from the house parents.

### 17. Mail and Parcels

Mail and parcels for students may be addressed to the student and sent to the main school address. Post received for students will be transferred to the student's boarding house.

Deliveries can only be collected directly from the Main Office for special reasons (e.g. university application) or urgent matters (e.g. medicine); for all the rest, students may attend house parents to hand in.

The school reserves the right to open shipments for students under 16 years of age or in case of suspicion that such a shipment violates the Rules. This would be done in the presence of the recipient.

- Any costs for receiving shipments or mail for students will be charged in full to the parents.
- All costs for sending mail or packets on behalf of a student will also be invoiced back to the parents.

### 18. Fire Drills

Fire drills are a regular practice of staying safe. Each house has fire warden volunteers who instruct their housemates to evacuate. In the event of an alarm, all students are required to evacuate the building as calmly and safely as possible to the meeting point designated for evacuations.



# **Important Information**

## 19. Emergency Numbers

Fire brigade Tel. 118 | 112
Helicopter Tel. 1414
Police Tel. 117 | 112
Ambulance Tel. 144 | 112

Intoxication Hotline Tel. 145 | 044 251 51 51

Support and Help Tel. 147

 24h Doctor Hotline
 Tel. 0900 008 008

 Zug Hospital
 Tel. 041 399 11 44

School Doctor Tel. 041 712 22 55 (Dr. Xaver Windisch)

## 20. Boarding Houses Contact information

## Felsenegg (all female boarding students): office closed 9:45-11:00

Landline +41 (0)41 729 11 63 Mobile +41 (0)79 704 11 83

Email <u>felsenegg@montana-zug.ch</u>

### Grosses Haus (males from Grade 10-12/SG 4-6): office closed 9:30-12:00

Landline +41 (0)41 729 11 79 Mobile +41 079 889 39 32

Email <u>grosseshaus@montana-zug.ch</u>

#### Juventus (males from BPS up to Grade 9/ SG 3 / BSS 9): office closed 9:45-11:00

Landline +41 (0)41 729 11 90 Mobile +41 (0)79 552 02 12

Email <u>juventus@montana-zug.ch</u>

#### 20.1 Other School Contacts & Academics

Telephone Email

General 041 729 11 77 info@montana-zug.ch
Physical Well-Being 041 729 11 75 care@montana-zug.ch

Care 041 729 11 74 & 041 729 11 62

Bilingual Primary Schoolbps@montana-zug.chBilingual Secondary Schoolbss@montana-zug.chSwiss Gymnasiumsg@montana-zug.chInternational Schoolis@montana-zug.ch